



Town Hall Times

Salem, New Hampshire

VOLUME 1, ISSUE 7

JUNE 26, 2017

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Salem DPW Constructs Bike-Ped Corridor Parking Lot Improvements

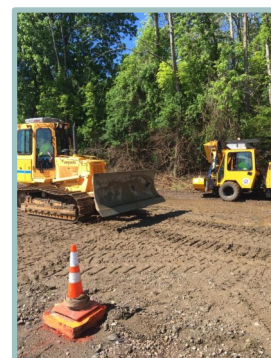


The Department of Public Works recently spent about two weeks constructing a new parking area for Salem Bike-Ped Corridor users. The parking lot is located on Route 28 on the Salem-Windham town line. This was a joint project with the Town of Windham. Salem DPW employees cleaned up the site by removing the existing hot top and the temporary construction fence. An underground septic holding tank was pumped out and removed. Brush and trees were also cut and cleared from the site. Unsuitable soils were removed and replaced with compacted gravel. A bulldozer and vibratory roller were used to grade and compact the site into a smooth surface. Water was directed into an existing drain line, using a pipe headwall that had been salvaged and reused from a previous project.



Salem DPW always tries to reuse items when possible. The project also used approximately 200 tons of millings from the Town's stockpile at the transfer station. Perimeter areas were loamed and seeded. The work on the parking area is nearly complete, with some wooden guardrail to be installed later.

The project has created a space for at least 36 cars to park. The DPW has received several thanks and compliments from the residents who enjoy using the new bike path and having a safe place to park.



JULY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Schedule of Meetings

- } June 26 — Board of Selectmen, 7 PM
- } June 27 — Planning Board, 7 PM
- } July 5 — Conservation Commission, 7 PM
- } July 6 — Zoning Board, 7 PM
- } July 10 — Board of Selectmen, 7 PM
- } July 11 — Planning Board, 7 PM
- } July 24 — Board of Selectmen, 7 PM
- } July 25 — Planning Board, 7 PM
- } July 31 — Board of Selectmen, 7 PM

Dementia Training

On June 21, the longest day of the year, a group of Town staff attended a dementia training organized by the Residence at Salem Woods. The purpose of the training was to educate staff about dementia and Alzheimer's and to help them better understand how people with these conditions feel. The training featured a simulation in which executive assistant, Maureen Witley, volunteered to experience what it is like to have dementia. Inserts were placed in her shoes to simulate foot pain, glasses distorted her vision, headphones played multiple conversations at once, and gloves with rubber bands around the fingers limited her dexterity. When Maureen was given the simple task of finding an item in a purse, she was faced with the anxiety that many people with dementia face everyday.

Participants learned about the phenomenon of "sundowning" by which dementia patients often struggle more in the evenings as the sun goes down. They also learned how simple changes, such as the color of a plate can make a difference in the life of someone suffering from dementia.

The Human Resources office hoped to increase awareness because more and more employees are caring for loved ones with Alzheimer's and dementia.

According to the Alzheimer's Association, 47 million people are living with dementia worldwide and Alzheimer's Disease is the 6th leading cause of death in the US. Click [here](#) to watch a short video with more facts and figures.

Welcome, Oscar!

Town Manager Leon Goodwin and his wife, Erin, welcomed a new baby this week. Oscar George Goodwin was born on June 19 at 7:05 PM weighing 6 pounds, 6 ounces. The whole family is healthy and happy. Congratulations!



Grilling Safety

There's nothing like outdoor grilling. It's one of the most popular ways to cook food. But, a grill placed too close to anything that can burn is a fire hazard. They can be very hot, causing burn injuries. Follow these simple tips and you will be on the way to safe grilling.

SAFETY TIPS

- » Propane and charcoal BBQ grills should only be used outdoors.
- » The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- » Keep children and pets at least three feet away from the grill area.
- » Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- » Never leave your grill unattended.
- » Always make sure your gas grill lid is open before lighting it.

CHARCOAL GRILLS

- » There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- » If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- » Keep charcoal fluid out of the reach of children and away from heat sources.
- » There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- » When you are finished grilling, let the coals completely cool before disposing in a metal container.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

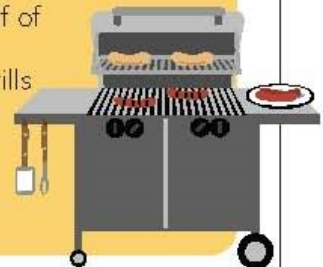
PROPANE Grills

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. **If you smell gas while cooking, immediately get away from the grill and call the fire department.** Do not move the grill.

If the flame **goes out**, turn the grill and gas off and wait at least **5 minutes** before re-lighting it.

FACTS

- ! July is the peak month for grill fires.
- ! Roughly half of the injuries involving grills are thermal burns.



Salem, NH Fire Department

603-890-2200

Salem Fire Department



Salem Fire Urges Residents to Sign Up for NH Alerts

Fire Chief/Emergency Management Director Paul J. Parisi urges residents to sign up for the State's "NH Alerts" notification system to be alerted to bad weather or other impending emergencies. "Being aware of a major event or weather issue is extremely important" Parisi said. "This system can help you make critical decisions regarding taking cover, sheltering in place, or evacuating during natural disasters, major emergencies, or terrorist events". There are two ways to register for NH Alerts:

- Download the application on your cellular device. The NH Alerts app is a free download for your Android or Apple cellular phone from the Google Play store or the App store. The application will allow you to choose to receive a text, get a phone call, or both.
- You can also register on the State of NH's website and receive the emergency call at your home or business on a landline. Once on the website, you can enter your phone numbers (cellular and/or landline) and choose what emergencies you want to be notified about. The website is <https://public.coderedweb.com/cne/en-US/BFC2664C2B92>

In an upcoming article, we will discuss how to register for the Town of Salem's Code Red system which will alert you to issues directly affecting the Town of Salem.

New Radio Broadcasting Feed for Salem Fire

The Salem Fire Department has added our radio audio to the Broadcastify application/website so residents can listen to our radio traffic. This application can be downloaded on a mobile device through the Google Play store, or the App store. It can also be accessed on a computer via their website. Visit <https://www.broadcastify.com/listen/feed/24836> to listen!



© Bob Sprague



Beach Testing Results

On June 14, 2017, water samples from association and public beaches in Salem were collected and submitted for microbiological analysis to the New Hampshire Department of Environmental Services Laboratory in Concord.

The samples were analyzed for bacteria, (*E. coli*), the indicator organism utilized to determine safe swimming conditions. At a fresh-water beach, an **advisory** is posted if either **two** samples exceed the state standard of **88 counts** or when **one** sample exceeds **158 counts**.

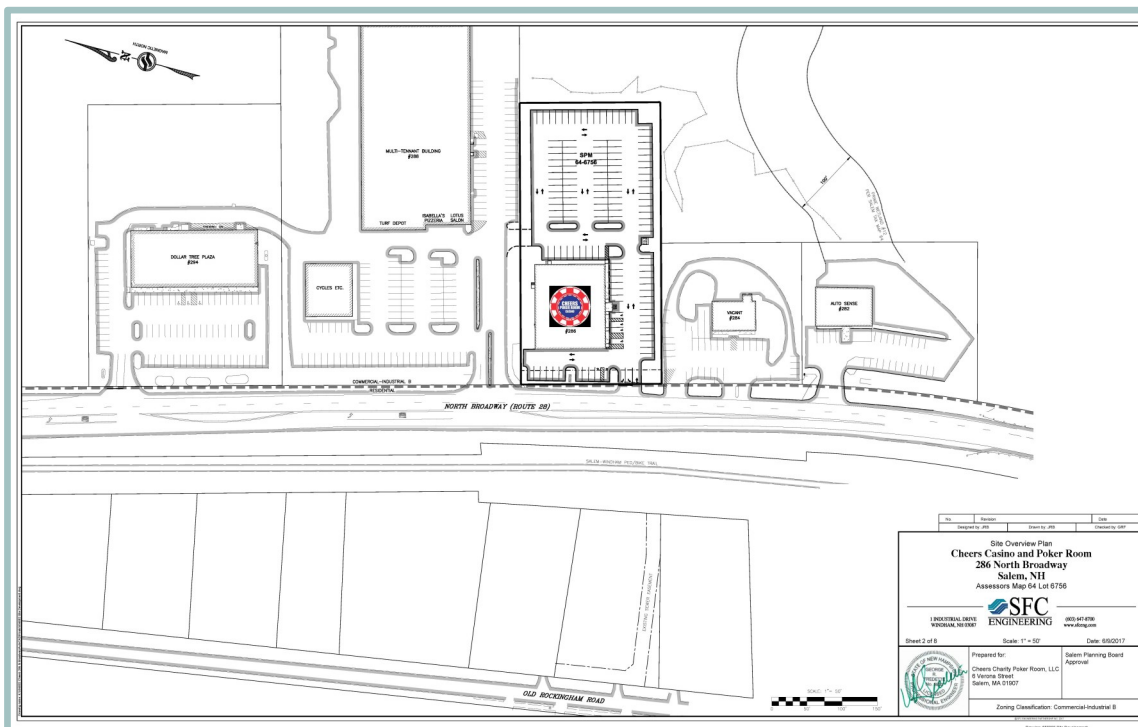
Two samples were collected from each beach in accordance with the NH DES "Standard Operating Procedure for Bacteria Sampling". The following beach sites were sampled and the results are in the table to the right.

All of these beaches are in compliance with the guidelines established by the NH Department of Environmental Services for safe swimmable waters at this time. Additional testing will be conducted in early July and August. Any questions, please feel free to contact the Health Officer at 890-2050.

Note: A visual inspection was conducted of these beaches to determine if Cyanobacteria (blue-green algae) were present. No algae blooms were noted at these beaches.

Location	6/14/17 E. coli Results	
Hedgehog Pond	6	20
Shadow Lake	26	24
Captain's Pond		
Camp Otter	8	13
Camp Y-Wood	14	14
Millville Lake	82	78
Arlington Pond		
Arlington Pond Improvement Assoc.	19	42

Planning Board Review



The site plan for Cheers Casino and Poker Room will be reviewed by the Planning Board at upcoming meetings. The applicant proposes to renovate the existing building and parking lot at 286 North Broadway for a facility offering charitable gaming. This activity was allowed by a zoning amendment proposed by the Planning Board and adopted by voters in March 2017. For more information, please see the Planning Board [web page](#).

Hérons Nesting at Town Hall

We have some new neighbors here at Town Hall! Throughout the spring, Town Hall employees and visitors have had the joy of observing these nesting herons. Here are a few facts about Great Blue Herons from the National Audubon Society:

- Great Blue Herons are the largest heron species in North America and are commonly observed across the continent.
- They most frequently feed by standing in shallow water, waiting patiently for a fish to swim by before striking with their long, pointed bill.
- Males typically select a nesting site and then display there to attract a mate.
- The female heron constructs the nest, usually a platform of sticks, with materials collected by the male.
- The female heron lays 3-5 pale blue eggs which are incubated by both parents for 35-40 days.
- After hatching, young herons spend 65-90 days in the nest, beginning to fly at around 60 days.
- Both parents feed their young by regurgitation.

Keep an eye out for them when you visit Town Hall!

*Accounting and Budget Manager,
Melanie Murray, captured these great
shots from the Town Hall parking lot.*



Finance

- The Town received the FY 2016 audited financial statements. We received a clean opinion from our auditors.
- The Town received the Single Audit Auditor's Report. There were no findings for this report either. The auditors examined the Windham/Salem Rail Trail as the town received over \$750,000 in federal grants for this project. \$750,000 is the minimum threshold for a single audit to be performed.
- The Finance Department is hard at work processing payroll, paying vendor invoices, answering utility billing questions, ensuring departmental purchases comply with the town's purchasing and procurement policy, and providing support for all departments in town.

Salem Police Department Updates

Salem PD joined the Special Olympics for the Law Enforcement Torch Run on May 31 on Route 28. We carried the torch from the police department for 3.2 miles to the Windham town line where we passed it on to Windham PD officers. The torch was used to light the Special Olympics flame to open the games on Friday, June 2 at UNH.

Little known fact about Route 28—it is all uphill from the PD to the Windham line!



High School Resource Officer Dale Robeck was a big hit at Salem High School Senior Safe Night! His hand was literally hurting from signing so many yearbooks. He's a legend in his own mind! Congrats Seniors!



The Salem Police Benevolent Association handed out \$5000 in college scholarships to some well deserving seniors yesterday. Congratulations on your accomplishments and with many more to come!

Pictured from left to right:

Lt. Mike Wagner (SPBA Vice President), Katherine Descoteaux, Meghan Greeley, Makayla Prescott, Derek Wilson, Capt. Rob Morin (SPBA President)

Also receiving a scholarship but not pictured, Nina Lira

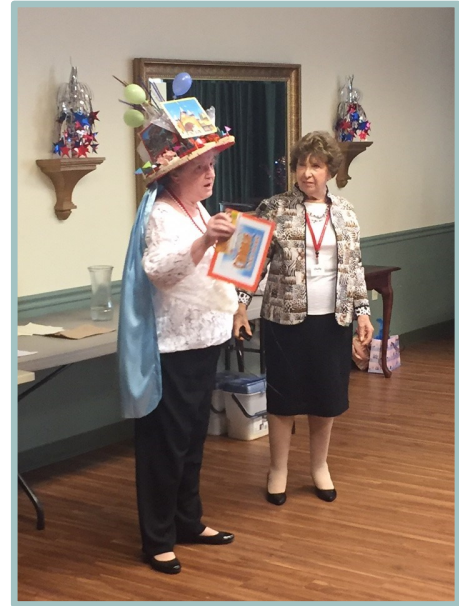


Senior Services

On June 22, a Senior Tea, sponsored by Grey-stone, was held at the Ingram Senior Center. The event included a fashion show and crazy hat contest as well as a tea party. The clothes for the fashion show were available at or purchased from our very own thrift store.



Seniors walk down the runway modeling clothes from the Senior Center thrift store.



Trudy Noetzel won the crazy hat contest with her Canobie Lake themed hat.

- The new Senior Services newsletter will be out by the end of June
- The Senior Center will be closed on July 3rd and July 4th.
- The next session of exercise programs will begin the week of July 12th.
- The Zoomers Softball program is still looking for seniors to participate on Mondays at 10am

Recreation

July 4th Schedule of Activities

9:00am - Patriotic Walk/Run (meet at the Field of Dreams)

5:00pm - Food/Music/Dancing **5:30pm** - Dodgeball Tournament, Photo Opportunities with Uncle Sam and Boom

6:00pm - Tethered Hot Air Balloon Rides, Dunk Tank, Organized Activities: football throw, Gaga Ball, Balloon Toss, Soccer Kick, etc...

7:30pm - Salem Idol

9:30pm - Fireworks



Janine Bannon models in the fashion show.

SALEM MUNICIPAL SERVICES

Roy E. Sorenson - *Director*

ENGINEERING DIVISION

Blasting of ledge and drainage installation continues on Haverhill Road and Klein Drive. Bradford Drive and Woodland Avenue have been reclaimed and base paved; final paving will occur in a couple of weeks. Reconstruction of Stanley Brook Drive and Commercial Drive will be starting soon. Mill and overlay is underway on Brookdale Road, Marianna Road, and Sullivan Court and complete on Hampstead Road and Equestrian Road. Construction is ongoing on the first 50-acres of the Tuscan Village project. Road widening is complete on South Broadway at the Post Office intersection. Concrete panels will be removed from the middle of S. Broadway and a new water main installed within the intersection project limits (1,500 feet).



PUBLIC WORKS DIVISION



The construction of the Rail Trail parking lot, a collaborative effort with Windham DPW, is 95% complete (see article). Street sweeping and roadside mowing are ongoing throughout the town. Milling has been completed on Brookdale Road and Marianna Road with paving scheduled for the end of the month. Bids have been prepared and put out to advertisement for the capital equipment fleet purchases for this year. A major repair was made to a sinkhole by a drainage structure on Main Street in the Depot. Catch basin cleaning program has cleaned 381 out of the 1,900 scheduled. Staff met with District Court personnel to review and discuss the facility assessment prepared by HL Turner Group.

UTILITIES DIVISION

Canobie Lake continued to maintain its maximum level through June as production remained well below average for the month. Demand remains steady averaging 2.2 million gallons per day and precipitation has been above average. Our peak day was 2.5 mgd on June 3rd. JP Cardillo installed new 6" water main on Fairmont Rd and Howard Street while temporary services were installed on McLaughlin Ave and Crestwood Circle. The Lawrence Road Tank had to be taken out of service due to the altitude valve malfunctioning. Replacement parts have been ordered and repair scheduled. The annual preventive maintenance is ongoing for the sewer list stations throughout town. Manhole repairs have been ongoing along Broadway with another 10 repairs including Lawrence Road. To date over 30 various manhole covers have been rehabilitated and repaired. The Blue-Green Algae (Cyanobacteria) breakout on May 31 at Arlington Pond has begun to subside.





Town of Salem, NH

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Salem, NH 03079
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Town Hall Times will be published biweekly
and will be available on the [Town website](#).

Please [subscribe](#) to receive notification of
each new issue!



INDUSTRY - COMMERCE - RECREATION

CSA Veggies are Here!

Town employees continue to receive fresh, local vegetables from the Brookford Farm CSA shares delivered each Tuesday. Each box contains a wide variety of veggies, some of which may be unfamiliar. The Human Resources Department is working hard to provide employees with recipes and ideas of how to use these new vegetables. Have you ever wondered how to cook pea shoots? Here's an easy recipe you can try.



Pea Shoots Sautéed with Garlic and Ginger

- 1 tablespoon olive oil
- 2 tablespoons grated fresh ginger
- 2 cloves garlic, finely chopped
- 2 pounds pea shoots, rinsed, dried, and cut into 2 inch lengths
- 2 teaspoons soy sauce
- ½ teaspoon freshly ground black pepper
- 2 tablespoons sesame seeds, lightly toasted

In a large heavy skillet, heat the olive oil over medium low heat. Add the ginger and the garlic and saute, stirring occasionally, for 3 to 4 minutes, or until softened. Do not allow the garlic to brown. Add the pea shoots, increase the heat to medium, cover the pan and cook for 1 minute. Remove from the heat, add the soy sauce and the pepper and toss to mix. Serve immediately, scatted with the sesame seeds.