



# Town Hall Times

Salem, New Hampshire

VOLUME 3, ISSUE 9

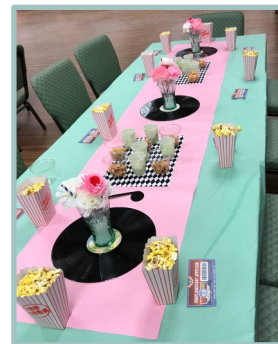
MAY 20, 2019

## Salem Seniors Enjoy a Sock Hop

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SCTV 17 had a great time covering the Ingram Senior Center Sock Hop. This fun event was a collaborative effort with Karen Bryant and her crew from the Senior Center along with Janine Parent and her Salem High School students from HOSA who helped decorate, bring in the creative 50's themed food and join in the fun. Jim Koczat was DJ Extraordinaire as he played the favorites that included The Twist, The Stroll, and many Elvis songs as well. Our own Community Services Director, Danny Hopkins, serenaded the crowd with his renditions of Earth Angel, Run Around Sue, and Jail House Rock. So roll down your Bobby Socks and get ready because we are "Rockin at the Hop". The show airs on SCTV and is available at this [link](#).



# MAY/JUNE 2019

Sun	Mo	Tue	Wed	Thu	Fri	Sat
	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## Schedule of Meetings

- } May 20— Board of Selectmen, 7 PM
- } May 21— Planning Board (Tuscan Village), 7 PM
- } May 28— Planning Board, 7 PM
- } June 3— Board of Selectmen, 7 PM
- } June 4— Zoning Board of Adjustment, 7 PM
- } June 5— Conservation Commission, 7 PM
- } June 11— Planning Board, 7 PM
- } June 17— Board of Selectmen, 7 PM
- } June 18— Planning Board (Tuscan Village), 7 PM
- } June 25— Planning Board, 7 PM

## Planning Board



The Planning Board reviewed the plans for Canobie Lake Park's latest attraction— Castaway Island!



# Community Development

## Farewell!

My experience working for the Town of Salem over the last two and half years has been interesting and rewarding. There is a high level of activity taking place in the community which I don't see ending in the near future. I am fortunate and grateful to have had a hand in moving Salem forward towards meeting some of its goals. Adding two more phases of the Bike/Ped Corridor, updating the master plan, completing a phase of the LED street lighting program with phase 2 underway, and establishing the first phase of the on-line traffic cameras on Salem's new website.

I will be leaving my position as Community Development Director/Assistant Town Manager in Salem to become the Town of Hooksett's next Town Administrator. Professionally for me, town administration is the direction I want to take my career. I am grateful for the broad cross section of experiences that I gained during my tenure here. Salem is very fortunate to have a staff of talented, dedicated and knowledgeable employees working on its behalf.

May 23, 2019 will be my last day with the Town of Salem. It has been a pleasure to serve as its Community Development Director/Assistant Town Manager. I wish nothing but the best of success for my colleagues and the community.

Best regards,

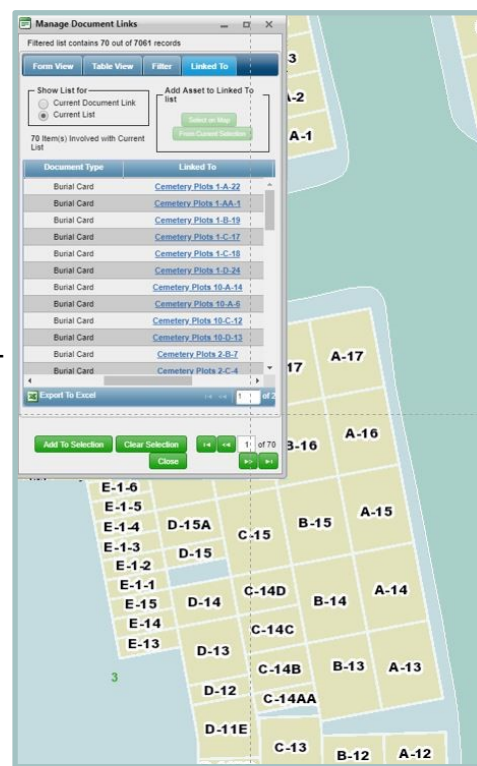
André L. Garron

Community Development Director/Assistant Town Manager

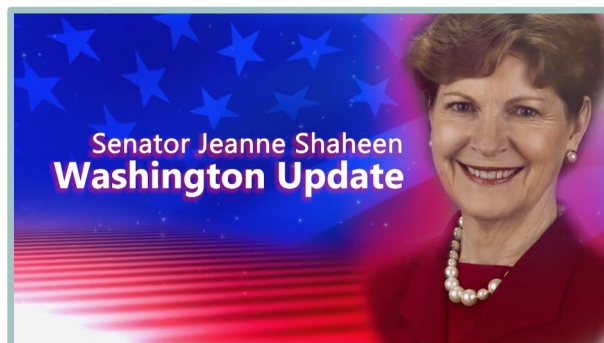
## GIS provides update to Cemetery Records

The Public Works Division has solicited help from the GIS program to improve digital record keeping of burials and plot purchases. The goal is to improve internal access to existing records and provide a framework for ongoing maintenance of new burials/sales through a map-based interface.

GIS Manager John Vogl has begun the task of converting paper cards to digital format accessible through the Town's VueWorks Asset Management software. The Town also hired Katharine Labrecque, who previously interned in the Community Development Department, to assist in this project. Project tasks include scanning existing cards, creating a searchable inventory of burial information and then associating the scanned cards with the mapped plot information. John Vogl has completed layout mapping for roughly half of the Pine Grove Cemetery area. The remainder will be completed during a later phase. Scanning work will continue through mid-June. A long term goal is to provide public access to this information.



# Washington Update



## Senator Jeanne Shaheen May 2019

Susan McLoughlin from Salem Government Channel talks to the Senator about her Affordable Health Care Bill, expanded infrastructure bill to include more broadband and cell service, small companies competing in an international market, high college debt, and marijuana and opioid issues. We always appreciate Senator Shaheen's Washington insights as she relates them to our community and state. This can be viewed on SGC 23 and with this [link](#).

# Human Resources

## Health & Wellness Week



The Human Resources Department organized the 2<sup>nd</sup> Annual Health and Wellness Week for Town employees during the week of May 6<sup>th</sup>-10<sup>th</sup> 2019. Cigna, the Town's health carrier, helped sponsor most of the week's wellness events including a relaxing 10 minute chair massage and a

Lunch & Learn Seminar focused on back safety and strengthening to help prevent injury.

A Biometrics Screening Clinic was held for qualifying employees and retirees. The screening is a short health examination that can help to determine the risk level of a person for certain diseases and medical conditions and help to establish a health baseline. A typical screening consists of a blood draw (finger stick to test your HDL, LDL, triglycerides, and glucose) and other basic biometrics (BP, height, weight, BMI, and waist circumference). When you put all of these measurements together, you can assess your risk for heart disease, stroke, and

diabetes. These illnesses and health conditions can be prevented with early detection, which is why knowing your numbers is so important. 56 people participated in the clinic! Do you know your numbers?

A popular event during the week was a Health and Wellness Fair. Approximately 50 employees visited the Fair that

provided employees with a variety of health & wellness information. The fair assists employees in knowing what options are available to them. Local businesses were also on hand with helpful information. We are very grateful to Great American Restaurants Co. who could not attend the event but sent a donation instead!

A walk with a co-worker during your lunch break day was planned to wrap up the week's health & wellness events.

A big thank you to the volunteer vendors who participated: Cigna, Delta Dental, Legal Shield, The Hartford, Express Med, Rite Aid, Convenient MD, Primex and Tuscan Kitchen. Vendors provided raffle items, food and gift cards!



## Trails Cleanup



### **NATIONAL TRAILS DAY** **SALEM TOWN FOREST** **TRAILS CLEANUP**

**WHEN: SATURDAY**

**JUNE 1st, 2019**

**TIME: 9am - 12pm**

**TASKS: TRAIL CLEANUP**

**BRUSH/TREE TRIMMING**

**TRASH PICKUP**

**ITEMS TO BRING: GLOVES,**  
**LOPPERS, BOW SAWS**





# Community Services



One hundred of our seniors were in a dancing dream when they went to see the ABBA Tribute Band "Dancing Dream" on August 25th at Danversport Yacht Club. They enjoyed a delicious meal, great music and a rare beautiful April day at this waterfront event venue. Dancing Dream ended the show with a huge finale that had them dancing in the aisles.



**ABBA Tribute Band "Dancing Dream" wowing the crowd.**



Donna Holahan, Ruth Cahalane, Deb Callahan, Rita Doyle and George Mullen enjoy the show.



Terry Hennessey, Lorraine Chisholm, Alice Brock, Marge Lane, Shirley Nightingale, Cheryl Peterson, Kathy Couillard, Phyllis Byrne

## Hummingbird Lane Drums

Salem Government Channel was at the site of Hummingbird Lane where barrels had been dumped and left at the site. We recorded the action as the Environmental Protection Agency sampled and stabilized the barrels and placed them in a secure box. Natalie McClaine, EPA Project Manager, explains that once sample results come back, the barrels will be disposed of in the appropriate places and in the correct way based on the materials that are inside the barrels.

The Salem Conservation Commission has been working with the NH Department of Environmental Services and the Environmental Protection Agency to ensure the site is properly cleaned up. A fact sheet from the EPA is available [here](#).

The entire video can be seen with this [link](#).



# Fire Department



SFD is awarded a \$105,829 Grant

## The Substance Misuse Crisis 2018:

- 106 overdoses total- 62 opioid overdoses (65% were Salem residents)
- 14 Deaths
- 48 Naloxone administrations

The substance misuse crisis is still front and center in our town. Salem saw 106 overdoses total in 2018, 62 of which were opioid overdoses that resulted in 14 deaths. 65% of the overdoses were Salem residents. We continue to be active participants in StandUp Salem, a grassroots organization aimed at prevention, education, treatment, and recovery from substance misuse.

The Salem Fire Department was recently awarded a Grant for 2019 that is 100% Federal funded called the **NH Project FIRST** First responders Initiating Recovery, Support & Treatment. This grant is funded through the First Responders: Comprehensive Addiction and Recovery Act (FR-CARA) made possible by the Substance Abuse and Mental Health Services Administration (SAMHSA).

The NH Project FIRST is a Mobile Integrated Healthcare (MIH) program for first responders. Program goals are to reduce the number of opioid overdoses and opioid overdose deaths, increase the number of at-risk individuals referred to recovery and treatment resources, and increase the number of first responders trained to administer naloxone. This program aims to reduce the number of opioid-related deaths and increase the number of at-risk individuals on the road to treatment and recovery. First responders would train and educate at-risk individuals affected by opioid use on CPR, rescue breathing and naloxone administration; distribute emergency opioid overdose kits and training; and share information on treatment, recovery and available social services.

This is a joint program between the Salem Fire and Salem Police Departments.



# Rain Barrels



The Town of Salem has launched a Rain Barrel Program as part of its water conservation initiatives. Rain barrels are used to collect runoff from roofs which can be used for watering lawns, gardens, and plants. The rain barrel connects to a downspout via a diverter which directs the water into the barrel. An overflow hose allows excess water to safely flow away from the house, or can also be used to link multiple barrels for additional water storage.

Rain barrels can help reduce peak water demand in the summer when outdoor water use is high. Just 1/8 inch of rainwater can fill a 60 gallon barrel, if it is well-situated. That 60 gallons of water can then cover about 100 square feet with 1 inch of water when it is needed later. This saves homeowners money on their water bills, reduces stormwater runoff, and reduces water demand. Plus, plants actually prefer natural rainwater over treated tap water.

The Great American Rain Barrel Company is locally located in Hyde Park, Massachusetts. The owners run a food importing business, with products arriving in high-quality, food grade plastic shipping drums. The company has repurposed over 100,000 of these shipping drums into rain barrels. The barrels have a removable lid with a screen to keep insects and debris out. Painted barrels cost \$69 (compared to \$119 full retail) and are available in three colors: Forest Green, Nantucket Gray, and Espresso Brown. Unpainted barrels are available for \$64. Orders are placed directly with the Great American Rain Barrel Company on their website, meaning that no money passes through the Town of Salem. This program is simply being provided as a service to make discounted rain barrels available to Salem residents who wish to purchase them.

This program will only be available for a short time, so please visit The Great American Rain Barrel Company's [Community Programs website](#), select "New Hampshire" and "Salem", and place your order today! Orders must be placed by June 12 at midnight.

On Wednesday, June 19, the orders will be delivered to Salem Town Hall for pick up from 5-8 PM. If you are unable to attend the pick-up event, please make arrangements for someone else to pick up your order, as storage will not be available after the event. Volunteers will be on hand to help load the barrels into your vehicle.

We can all do our part to help reduce water consumption, and rain barrels are a great tool to help do just that!





### Town of Salem, NH

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Town Hall Times will be published biweekly  
and will be available on the [Town website](#).

Please [subscribe](#) to receive notification of  
each new issue!



INDUSTRY - COMMERCE - RECREATION

## Salem Bike-Ped Corridor

# Salem Bike-Ped Corridor Phase 2 Ribbon Cutting

Join us as we celebrate the opening of  
the next segment of rail trail and  
recognize those who made it possible!



Tuesday, May 21

11:00 AM

Old Rockingham Road Crossing

The ribbon cutting ceremony will be followed by a  
group walk along the trail to Willow Street.