



# Town Hall Times

Salem, New Hampshire

VOLUME 4, ISSUE 4

MARCH 9, 2020

## Local Elections— March 10, 2020

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SGC-23 has assembled election information including candidate interviews, warrant articles, and sample ballots on their [Election Central](#) website. There are contested elections for several boards and committees. Voting takes place on Tuesday, March 10.

MICHAEL LYONS



CATHY STACEY



TANYA DONNELLY



STEVEN GODDU



CANDIDATES FOR SELECTMEN

CANDIDATES FOR BUDGET COMMITTEE

BERNARD W. CAMPBELL



CLAIRE KARIBIAN



THOMAS RASKOW



JOHN MANNING

**DID NOT  
RESPOND**

CANDIDATES FOR ZONING BOARD

BOB GIBBS



BEVERLY DONOVAN



JOSEPH FEOLE



CANDIDATES FOR PLANNING BOARD

MARTHA BREEN



STEPHEN BOYD



KERRY KEENAN



CANDIDATES FOR TAX COLLECTOR

## MARCH 2020

Sun	Mo	Tue	We	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### Schedule of Meetings

- } ~~March 3— Zoning Board of Adjustment, 7 PM~~
- } ~~March 4— Conservation Commission, 7 PM~~
- } March 10— Local Election Ballot Vote 7AM-7PM
- } March 12— Planning Board, 7 PM
- } March 16— Board of Selectmen, 7 PM
- } March 24— Planning Board, 7 PM
- } March 25— Budget Committee, 7 PM



## Planning Board



At their meeting on March 24, the Planning Board will review a plan for a 2400 square foot bank at 365 South Broadway, on the corner of Pattee Road, which was previously used by D'Angelo's sandwich shop. More information, including site plans, are available [here](#).

# Fire Department



Photo by Robert Sprague

It is our pleasure to announce the recent hiring of Probationary Firefighter/EMTs Joseph LaCarbonara and Nicholas Hamilton.

**Mr. Joseph LaCarbonara Badge #238** of Salem (pictured on the right)

Prior to coming to the Salem Fire Department Joseph was employed with the Town of Hampstead Fire Department as a per-diem Firefighter/EMT and Trinity EMS, Inc. as an EMT. He is a certified New Hampshire Pro-Board Firefighter Level 2, New Hampshire licensed and Nationally Certified Advanced EMT. He is also a Certified Hazardous Materials Operations level Haz-mat responder.

**Mr. Nicholas Hamilton Badge #239** of Derby (pictured on the left)

Prior to coming to the Salem Fire Department Nicholas was employed with the Town of Danville Fire Department as a per-diem Firefighter/EMT and Lawrence General Hospital as an EMT. He is a certified New Hampshire Pro-Board Firefighter Level 2, New Hampshire licensed and Nationally Certified EMT. He is also a Certified Hazardous Materials Operations level Haz-mat responder.

# Police Department



The Salem Police Department was able to team up with the new Tuscan Market Basket and bring another Coffee With a Cop to Salem! Our hosts were nice enough to provide coffee and delicious donuts to all. We were joined by great people and enjoyed discussing issues around town and simply getting to know one another. We invite everyone to join us next time!





# Community Services



## Kinship Support and Information

### The **ROC** Group

### **R**aising **O**thers' **C**hildren - Kinship Support

The Roc Group- like "rock" -Rocks signify strength, stability and a strong foundation.  
Caregivers are rocks in children's lives.

When: **Mondays, 6:00- 7:30 pm**

Where: **Kelley Library, 234 Main St. Salem, lower level small conference room**

Format: Leader facilitated participant discussions with compelling guest speakers.

Group facilitator: **Brenda Burke MS, APRN, PMHCNS-BC**

*Board Certified Advanced Practice Registered Nurse*

*Child care available onsite with PRIOR arrangement.*

*There is no cost to attend.*

Register at: [www.salemfamilyresources.org](http://www.salemfamilyresources.org)

**OR**

**Please call or email to let us know you're coming!**

**email: [info@salemfamilyresources.org](mailto:info@salemfamilyresources.org) call: 603 898-5493**



Salem Family Resources-Success By 6  
[www.salemfamilyresources.org](http://www.salemfamilyresources.org) 603 898-5493 [info@salemfamilyresources.org](mailto:info@salemfamilyresources.org)

# What you need to know about coronavirus disease 2019 (COVID-19)

## What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

## Can people in the U.S. get COVID-19?

Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic>.

## Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

## How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.

## What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

- fever
- cough
- shortness of breath

## What are severe complications from this virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

## How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

## If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

## What should I do if I recently traveled from an area with ongoing spread of COVID-19?

If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

## Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

## Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.





Town Hall Times will be published biweekly  
and will be available on the [Town website](#).

Please [subscribe](#) to receive notification of  
each new issue!

### Town of Salem, NH

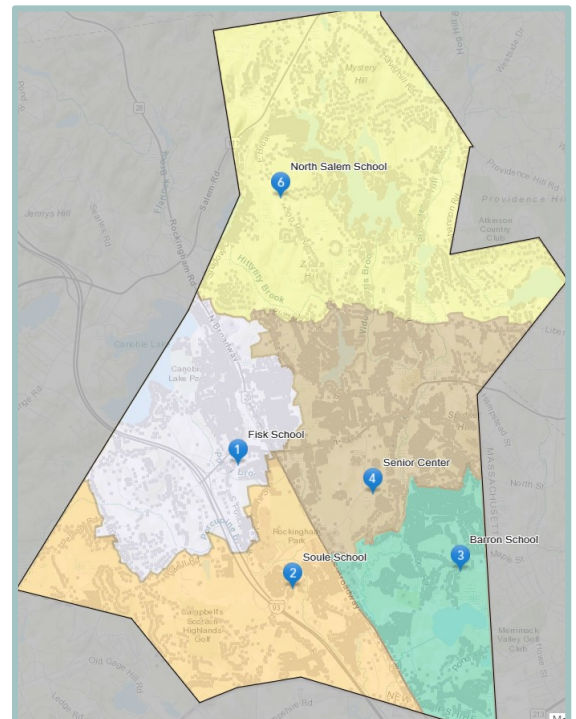
33 Geremonty Drive  
Salem, NH 03079  
603-890-2000



**INDUSTRY - COMMERCE - RECREATION**

## Polling Locations

GIS Manager John Vogl spoke with SGC-23 and demonstrated how to use the [interactive online map](#) to find your Salem polling location. Simply type in your address or navigate to your location and click to see the assigned polling location and sample ballot.



**JOHN VOGL**  
GIS MANAGER/PLANNING COORDINATOR